For patients and caregivers



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# Accurate dosing helps you keep their eyes on the future

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ALKINDI SPRINKLE<sup>®</sup> (hydrocortisone) oral granules: The first and only hydrocortisone adrenal insufficiency treatment that is specifically designed to help provide accurate and individualized dosing for newborns and children.

#### USE

ALKINDI SPRINKLE is a prescription medicine used in children from birth to less than 17 years old as a replacement therapy when the adrenal gland is not making enough cortisol.

#### IMPORTANT SAFETY INFORMATION

0.5 mg

Always give ALKINDI SPRINKLE exactly as your doctor has directed.

Do not take ALKINDI SPRINKLE if you are allergic to hydrocortisone or any of its other ingredients.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information for more information.

## Accurate hydrocortisone dosing can provide safe and effective treatment in children with adrenal insufficiency

Dosing accuracy in children with adrenal insufficiency is essential. If a child gets too much (overdosing) or too little (underdosing), they may experience poor health outcomes that can last for years, even into their adult years.

#### Overdosing can lead to long-term health problems

If your child gets **more hydrocortisone** than prescribed, they are at risk for long-term health problems that could last into adulthood.

• Growth failure

Abnormal weight gain

Cushing's syndrome

• High blood pressure

#### Underdosing can lead to short-term health problems

If your child gets **less hydrocortisone** than prescribed, they could be in immediate danger.

- Adrenal crisis
- Rapid growth

• Poor response to stress

Masculine features

• Weight loss

No representation is made regarding the use of ALKINDI SPRINKLE<sup>®</sup> (hydrocortisone) oral granules in relation to these conditions.

ALKINDI SPRINKLE: The only adrenal insufficiency treatment designed specifically for children.



#### IMPORTANT SAFETY INFORMATION

**Adrenal Crisis**: giving too low a dose or stopping medication can cause low levels of cortisol, which can result in serious illness or death. Treatment with intravenous hydrocortisone should be started immediately. When switching from another type of hydrocortisone to ALKINDI SPRINKLE, watch your child closely for any changes. If your child doesn't get the entire dose of ALKINDI SPRINKLE because of vomiting or spitting some granules out, contact your doctor to see if another dose is needed.

# Accurately treat your child with the dose your doctor prescribed

ALKINDI SPRINKLE is a granular version of hydrocortisone, which means it's small enough to sprinkle onto soft food or directly into your child's mouth. ALKINDI SPRINKLE capsules were designed to be opened and then given on either a full or empty stomach with a sip of fluids. ALKINDI SPRINKLE has a gritty texture that may be new to most children.

Here are some useful suggestions on how to give ALKINDI SPRINKLE to your child.



Pour **all** granules onto a spoonful of soft food, like yogurt or applesauce, and give within 5 minutes.

#### DIRECTLY INTO YOUR CHILD'S MOUTH

Pour **all** granules of the prescribed dose directly into your child's mouth.

Scan this code for access to useful videos for giving ALKINDI SPRINKLE to your child.

#### IMPORTANT SAFETY INFORMATION

**Infections**: all infections should be treated seriously, and stress dosing of hydrocortisone should be started early. Taking ALKINDI SPRINKLE should not stop your child from being vaccinated but let your healthcare provider know prior to vaccination.

Important Safety Information continued on next page. Please see additional Important Safety Information throughout and enclosed full Prescribing Information for more information.

Sprinkle (hydrocortisone) oral granules



#### ON A SPOON WITH FOOD





## ALKINDI SPRINKLE: The first and only FDA-approved hydrocortisone formulation designed to effectively manage cortisol levels in children

ALKINDI SPRINKLE<sup>®</sup> (hydrocortisone) oral granules is color coded for easy identification and accurate dosing.

- Available in 4 flexible dosage strengths (0.5 mg, 1 mg, 2 mg, and 5 mg)
- Less than 0.8 mm in size, much smaller than the FDA-recommended size to prevent choking
- Similar in size and shape
- Stored in easy-to-open capsules

Unlike adult treatments for adrenal insufficiency, ALKINDI SPRINKLE can be **individualized** to your child's specific cortisol need with the lowest possible dose used.

# 0.5 mg 1mg 2 mg 5 mg F - 0.5 F - 1.0 NF - 2.0 F - 5.0

4 flexible strengths to assist accurate dosing

Capsules shown are not actual size.

#### IMPORTANT SAFETY INFORMATION

**Growth Retardation**: the long-term use of corticosteroids in high doses may cause growth retardation in children.

Decrease in Bone Density: corticosteroids can affect your child's bone growth and strength.

**Cushing's Syndrome Due to High Doses of Corticosteroids**: treatment with high doses of corticosteroids can cause Cushing's Syndrome. Treatment should be limited to the smallest dose required, and your child's growth and development monitored appropriately.

# ALKINDI SPRINKLE was made specifically for children with adrenal insufficiency

#### Adrenal insufficiency treatment requires accurate dosing.



**Changes in Vision**: tell your doctor if your child has blurred vision or other vision problems during treatment with ALKINDI SPRINKLE.

Important Safety Information continued on next page. Please see additional Important Safety Information throughout and enclosed full Prescribing Information for more information.

(hydrocortisone) oral granules

#### HOLD AND TAP

Hold capsule with the writing at the top. Tap the capsule to make sure the granules fall to the bottom.

TWIST AND REMOVE

Carefully twist off the top of the capsule.

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#### **GIVE FLUIDS**

After giving ALKINDI SPRINKLE, give your child a sip of fluids, such as water, milk, breast milk, or formula, right away to ensure all granules are swallowed.

#### ALKINDI SPRINKLE HAS A TEXTURE THAT MAY BE NEW TO MOST PATIENTS

Some patients may object to the texture of ALKINDI SPRINKLE in their mouth. It's best to give with soft food.

No pill splitting. No pill crushing. No special pharmacy prep. Just sprinkles.











# From crawling to walking to running, Eton Cares is here to help you and your child at every step



We know time with your child is precious. That's why we created Eton Cares, a full-service patient support program designed to help you and your child along the treatment journey.

Patients who have been prescribed ALKINDI SPRINKLE<sup>®</sup> (hydrocortisone) oral granules are automatically enrolled in Eton Cares.\* Our reliable professionals are fully trained on ALKINDI SPRINKLE and adrenal insufficiency.



#### NURSE AMBASSADORS

- Eton Cares Nurse Ambassadors are equipped to:
- Perform regular check-ins by phone
- Answer questions about your child's health or medication
- Help you and your child achieve treatment goals



#### **PHARMACISTS**

- Dedicated pharmacists are available 24/7 to provide:
- Patient support by phone
- Worry-free refill reminders
- Shipment alerts



#### **INSURANCE SPECIALISTS**

Insurance specialists provide personalized assistance and ongoing support to:

- Ensure you understand your benefits
- Help your doctor's office verify and obtain insurance coverage
- Help you secure financial support through the Eton Cares Patient Assistance Program\*
- Offer alternative forms of coverage and provide referrals to other
- sources of financial assistance

#### Have an ALKINDI SPRINKLE prescription?

Anovo<sup>®</sup> Specialty Pharmacy will follow up with a call to your doctor's office to gather the patient information required for the benefits investigation process.

\*Restrictions, limitations, and/or eligibility requirements may apply.

#### IMPORTANT SAFETY INFORMATION

**Psychiatric Changes**: corticosteroids can change your child's behavior or mood. Tell your doctor if your child has periods of extreme happiness, extreme sadness, hallucinations, or depression.

# Eton Cares: Helping you and your child with individualized treatment for adrenal insufficiency

#### Steps to treatment success

#### **1** Insurance verification

Eton Cares Insurance Specialists will help your doctor's office verify and obtain insurance coverage.

#### 2 | Pharmacist follow-up

After your prescription has been processed, a pharmacist will call you to answer your questions and schedule the delivery.

#### **3** | Registered nurse check-in

An Eton Cares Nurse Ambassador will call regularly throughout your treatment journey to answer any questions and help set treatment goals for your child.

#### **4** Worry-free refills

To help you stay on track, the specialty pharmacy will stay in contact with you about medication refills and deliveries.



Call the specialty pharmacy hotline to ask questions about ALKINDI SPRINKLE. Available Monday through Friday, 8 AM-5 PM CT, at 1-833-343-2500.

#### IMPORTANT SAFETY INFORMATION

**Gastrointestinal Reactions**: tell the doctor if your child has stomach pain, upset stomach, black, tarry stools, or vomiting of blood. These could be signs of ulcers or tears in the stomach or intestines. Taking anti-inflammatory nonsteroidal drugs, like ibuprofen, naproxen, or aspirin, can increase the risk of ulcers or tears.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information for more information.



### Medication for as little as \$ per month\*

\*Restrictions, limitations, and/or eligibility requirements may apply.

# Get started today with ALKINDI SPRINKLE



# The first and only adrenal insufficiency treatment designed specifically for newborns and children.

# Learn more about adrenal insufficiency and how ALKINDI SPRINKLE works at www.alkindisprinkle.com.

#### **USE & IMPORTANT SAFETY INFORMATION**

#### USE

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The most common side effects of ALKINDI SPRINKLE include retaining fluids, changes in glucose tolerance, high blood pressure, behavioral and mood changes, greater appetite, and weight gain. Please visit ALKINDISPRINKLE.com/patient for more information

You are encouraged to report negative side effects of prescription drugs by contacting Eton Pharmaceuticals, Inc. at 1-855-224-0233 or the U.S. Food and Drug Administration (FDA) at www.fda.gov/safety/medwatch or call 1-800-FDA-1088.

Please see enclosed full Prescribing Information for more information.

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