

Alkindi  
Sprinkle®

(hydrocortisone)  
oral granules

## Administration Tips!

1

### HOLD AND TAP

Hold capsule with the writing at the top. Tap the capsule to make sure the granules fall to the bottom.



2

### SQUEEZE

Gently squeeze the bottom of the capsule to loosen the top from the bottom.



3

### TWIST AND REMOVE

Carefully twist off the top of the capsule.



4

### SPRINKLE

ALKINDI SPRINKLE can be given by spoon with food, or sprinkled directly into the child's mouth.



5

### GIVE FLUIDS

After giving ALKINDI SPRINKLE, give the child a sip of fluids, such as water, milk, breast milk, or formula, right away to ensure all granules are swallowed.



Scan to access useful  
videos for giving  
ALKINDI SPRINKLE  
to your child.

[www.ALKINDISPRINKLE.com](http://www.ALKINDISPRINKLE.com)

**ALKINDI SPRINKLE has a texture that may be new to most children.**

Here are some useful suggestions on how to give ALKINDI SPRINKLE to your child.

#### **ON A SPOON WITH FOOD**

Pour all granules onto a spoonful of soft, cold or room-temperature food, like yogurt or applesauce, or any other food your child will eat, and give within 5 minutes.

#### **DIRECTLY INTO THE CHILD'S MOUTH**

Pour all granules of the prescribed dose directly into your child's mouth.



Call the specialty pharmacy hotline to ask questions  
about ALKINDI SPRINKLE, available Monday through Friday,  
8 AM-5 PM CT, at 1-833-343-2500

Please see full Indication and Important Safety Information on the back.

## USE

ALKINDI SPRINKLE is a prescription medicine used in children from birth to less than 17 years old as replacement therapy when the adrenal gland is not making enough cortisol.

## IMPORTANT SAFETY INFORMATION

**Always give ALKINDI SPRINKLE exactly as your doctor has directed.**

**Do not take ALKINDI SPRINKLE if you are allergic to hydrocortisone or any of its other ingredients.**

**Adrenal Crisis:** giving too low a dose or stopping medication can cause low levels of cortisol, which can result in serious illness or death. Treatment with intravenous hydrocortisone should be started immediately. When switching from another type of hydrocortisone to ALKINDI SPRINKLE, watch your child closely for any changes.

**Infections:** all infections should be treated seriously, and stress dosing of hydrocortisone should be started early. Taking ALKINDI SPRINKLE should not stop your child from being vaccinated but let your healthcare provider know prior to vaccination.

**Growth Retardation:** the long-term use of corticosteroids in high doses may cause growth retardation in children.

**Decrease in Bone Density:** corticosteroids can affect your child's bone growth and strength.

**Cushing's Syndrome Due to High Doses of Corticosteroids:** treatment with high doses of corticosteroids can cause Cushing's Syndrome. Treatment should be limited to the smallest dose required, and your child's growth and development monitored appropriately.

**Changes in Vision:** tell your doctor if your child has blurred vision or other vision problems during treatment with ALKINDI SPRINKLE.

**Psychiatric Changes:** corticosteroids can change your child's behavior or mood. Tell your doctor if your child has periods of extreme happiness, extreme sadness, hallucinations, or depression.

**Gastrointestinal Reactions:** tell the doctor if your child has stomach pain, upset stomach, black, tarry stools, or vomiting of blood. These could be signs of ulcers or tears in the stomach or intestines. Taking anti-inflammatory nonsteroidal drugs, like ibuprofen, naproxen, or aspirin, can increase the risk of ulcers or tears.

The most common side effects of ALKINDI SPRINKLE include retaining fluids, changes in glucose tolerance, high blood pressure, behavioral and mood changes, greater appetite, and weight gain.

Please visit [ALKINDISPRINKLE.com/patient](http://ALKINDISPRINKLE.com/patient) for more information

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/safety/medwatch](http://www.fda.gov/safety/medwatch), or call the FDA at 1-800-FDA-1088.

**Please see accompanying full Prescribing Information for more information.**

The logo for Alkindi Sprinkle features the word "Alkindi" in a blue, sans-serif font with a stylized orange and blue wave above it. Below "Alkindi" is the word "Sprinkle" in a larger, blue, sans-serif font. Underneath "Sprinkle" are the words "(hydrocortisone)" and "oral granules" in a smaller, black, sans-serif font.  
Alkindi  
Sprinkle®  
(hydrocortisone)  
oral granules